

## Training Events, Conferences & Clinical Fora

Please see below for our monthly training update listing all upcoming events, including Clinical Fora, and conferences.

Please follow us on Twitter [@FN\\_SoFMH](https://twitter.com/FN_SoFMH) to ensure you are kept up-to-date when events open for booking!

FEBRUARY 2024	
<p><b>Forensic Lead Nurse Conference</b></p> <p>Join us on the 23rd February 2024 at the Stirling Court Hotel to celebrate success in Forensic Mental Health Nursing. We look forward to welcoming our keynote speakers <b>Dr Allan Thomson</b> (Consultant Clinical Psychologist – Foxgrove) &amp; <b>Professor Lindsay Thomson</b> (Director – Forensic Network).</p> <p>Along with hearing from nursing colleagues on a range of topics, delegates will also have the opportunity to choose from two workshop sessions with presentations on a wide variety of topics.</p>	<p><b>Friday 23<sup>rd</sup> February</b></p> <p><b>2024</b></p> <p><b>9.15am - 3.30pm</b></p> <p><b>Stirling Court Hotel</b></p> <p><b>Cost: £55pp</b></p> <p><a href="#">Book Now</a></p>
<p><b>Sexual Harm Webinar: <i>Registered Sex Offender Outings by Community Groups</i></b></p> <p>2023 saw a significant rise in Registered Sex Offender outings across Scotland. Dumfries and Galloway MAPPA Coordinator, Lindsay Temlett, will share her experiences of outings, the impact across services in the region and provide examples of actions taken to attempt to reduce the number of outings.</p> <p>Following a short presentation, there will be the opportunity for analysis, discussion and reflection amongst attendees.</p> <p>This webinar will be of particular interest to those working in criminal justice and mental health settings with individuals convicted of sexual offences.</p>	<p><b>Tuesday 27<sup>th</sup> February</b></p> <p><b>2024</b></p> <p><b>1.30pm - 3.30pm</b></p> <p><b>Microsoft Teams</b></p> <p><b>Cost: FREE</b></p> <p><a href="#">Book Now</a></p>
MARCH 2024	
<p><b>MAPPA Clinical Forum: <i>Current Issues in MAPPA Practice</i></b></p> <p>The next MAPPA Clinical Forum will be held on Thursday 28th March 2024. This Clinical Forum will provide the opportunity for professionals working in MAPPA Services to come together to discuss Restricted Patient</p>	<p><b>Thursday 28<sup>th</sup> March</b></p> <p><b>2024</b></p> <p><b>9.30pm - 3.45pm</b></p>

<p>paperwork, Mental Health Homicide: Methodology &amp; Findings, learning points from recent Serious Case Reviews, MAPs and Implications.</p> <p>Attendees will also have the opportunity to join in a panel discussion.</p>	<p><b>Stirling Court Hotel</b></p> <p><b>Cost: £40pp</b></p> <p><a href="#">Book Now</a></p>
<b>MAY 2024</b>	
<p><b>Qualitative and Quantitative Data Analysis</b></p> <p>A workshop covering data analysis techniques, with the option to take only the morning or afternoon course as required.</p> <p><b>Morning: Quantitative Analysis Techniques (half day)</b> This session is ideal for novice researchers, but has been found to be highly useful as a refresher for practitioners planning to undertake a research project. Depending on the numbers of delegates, the trainer can work with the researcher on the types of analysis required for their project. This half day workshop covers:</p> <ul style="list-style-type: none"> <li>• Types of data</li> <li>• Commonly reported statistics</li> <li>• Data analysis techniques</li> <li>• Reporting findings</li> <li>• SPSS databases</li> </ul> <p><b>Afternoon: Qualitative Analysis Techniques (half day)</b> Similar to the above, this workshop is ideal for those utilising qualitative analysis techniques for the first time or those who require refresher training or an update of techniques. This half day workshop covers:</p> <ul style="list-style-type: none"> <li>• Types of data</li> <li>• Data analysis techniques</li> <li>• Reporting findings</li> </ul>	<p><b>Wednesday 29<sup>th</sup> March</b></p> <p><b>2024</b></p> <p><b>9.00am - 5.00pm</b></p> <p><b>Microsoft Teams</b></p> <p><b>Cost:</b> <b>£45 Half Day</b> <b>£70 Full Day</b></p> <p><a href="#">Book Now</a></p>
<b>JUNE 2024</b>	
<p><b>Reflective Practice Group Facilitator Training</b></p> <p>Facilitated by Dr Jon Patrick (Consultant Forensic Psychiatrist) and Dr Adam Polnay (Consultant Psychiatrist in Psychotherapy), this three-day intensive course aims to skill up psychological practitioners in both the theory and practice of facilitating Reflective Practice Groups (RPGs). Trainees will have significant experience, skills and knowledge in psychological work already; the course will help them orientate themselves to the task of effectively running such groups.</p>	<p><b>11<sup>th</sup>, 12<sup>th</sup> &amp; 13<sup>th</sup> June 2024</b></p> <p><b>2024</b></p> <p><b>Stirling Court Hotel</b></p> <p><b>Cost: £250pp</b></p> <p><b>To note your interest please contact Michelle Nolan, Forensic Network</b></p>

<p><b>TARGET AUDIENCE/ENTRY CRITERIA</b></p> <p>Full criteria for attendance at this workshop is as follows:</p> <p>Significant experience of working in Forensic Mental Health directly or having an appreciation of issues in Forensic Mental Health through further education.</p> <ul style="list-style-type: none"> <li>• A core mental health professional qualification (e.g. nursing, psychiatry, psychology, OT, social work etc.) with at least 2 years post qualification experience in a forensic mental health setting.</li> <li>• For people who are eligible to skill up as RPG facilitators – evidence of academic ability to complete RPG training. Facilitators would normally be required to have completed previous courses of a similar academic level such as a post-graduate diploma or above, which included having prepared and written essays or similar academic texts.</li> <li>• Adequate knowledge and experience of psychotherapy or counselling. Including elements of both theoretical input and clinical experience in which the professional would have treated patients in a formal therapy / counselling structure under regular expert clinical supervision. Such a training course will usually have been of at least one-year's duration.</li> <li>• Previous experience of being in RPGs for at least 1 year.</li> <li>• Has an appropriate RPG supervisor and demonstrates ongoing attendance at own supervision for RPGs</li> <li>• The role of RPG facilitator should be one that is willingly applied for or taken on. It will be unhelpful for professionals to be made to take this on as will be likely to cause difficulties in maintaining a helpful frame for RPGs.</li> <li>• Nominated and supported by local head of service for this role of RPG facilitator.</li> <li>• RPG facilitators should have their own supervision in place prior to running RPGs. Supervision should be weekly for novice RPG facilitators and then negotiated in frequency with increasing experience.</li> </ul> <p><b>ONGOING SUPERVISION</b></p> <p>Prior to embarking on running RPGs, accredited facilitators should ensure that they have supervision in place for this work.</p> <ul style="list-style-type: none"> <li>• Supervisors should meet the competency framework guidelines as a minimum and also have substantial experience in running RPGs and training others in running them. This might include local medical psychotherapists or other experienced psychological practitioners with training in relational approaches to working with teams and disturbance.</li> <li>• Supervision should be weekly in the first instance and then negotiated with supervisors according to the RPG facilitator's individual development.</li> <li>• There would be an expectation that all RPG facilitators will have some form of supervision for their work throughout their careers.</li> </ul>	<p>Administrator via <a href="mailto:tsh.forensicnetwork@nhs.scot">tsh.forensicnetwork@nhs.scot</a></p>
--	---

## COMING SOON

- HCR-20 v3 - **April 2024**
- Clinical Fora: Sexual Harm - **May 2024**
- Evidence Synthesis - Systematic Review - **June 2024**
- Physical Health Needs - **29<sup>th</sup> August 2024**
- NOTA Conference - **9-10 September 2024**

*If you would like to deliver a workshop/keynote presentation at the NOTA conference, please contact [michelle.nolan@nhs.scot](mailto:michelle.nolan@nhs.scot)*

## EXTERNAL TRAINING



Fetal Alcohol Advisory  
Support & Training Team



THE UNIVERSITY  
of EDINBURGH

### Fundamentals of FASD for Health & Social Care Practitioners

If you are a professional working within Health and Social Care in Scotland,  
the FAAST Team are providing **FREE** FASD training



[faast.ed.ac.uk](http://faast.ed.ac.uk)



[faast@ed.ac.uk](mailto:faast@ed.ac.uk)



[FAASTTeam.eventbrite.com](https://faastteam.eventbrite.com)



The Scottish Government Funded Fetal Alcohol Advisory Support and Training (FAAST) Team offer regular free online 'Fundamentals in FASD' training. Their next 90-minute lunchtime session is being held on **Monday 26<sup>th</sup> February 2024**

Visit their Eventbrite page <https://faastteam.eventbrite.com> to sign up, or to register your details and be kept informed of future sessions.